Get Active Program
Get Active Program
• Promote
• Encourage
• Support
• Inspire
• Celebrate
School Girls’ Breakfast

Keynote Speaker
Melanie Irons

Mini Sports Clinics -
NRL/Touch Football Tas
Cricket Tasmania
Football Federation
Tasmania

Q & A Panel -
Netball Scotland
Lynsey Gallagher,
Rachel Forbes
& Melanie Irons

NO BARRIERS
Leadership Conference & Workshops
“You can’t be what you can’t see”
Local Government support
Get Active Program
Circuit class – Bridgewater
Aqua at Oatlands
Bothwell – Tai Chi
Boxing in Ouse
Cycling on Bruny Island
Outdoor fitness equipment - Strahan
Line Dancing - Queenstown
Park workout in New Norfolk
LG?
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Life’s Good!
“Mum’s on the Move”
“So many positives including enhancing fitness and wellbeing, friendship and support. Especially in such a small community this program has exceeded my expectations 😊”
Get Active Programs are for:

- Families
- Children
- Dad’s
- Older adults
- Disengaged Youth
- Those at risk of Chronic disease
- EVERYONE
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