



Get Active Program


Get Active Program





- Promote
- Encourage
- Support
- Inspire
- Celebrate

School Girls' Breakfast



SPORT
Womensport & Recreation Tasmania Inc

stlukeshealth

School Girls' Breakfast



Friday 31st
July, 2015
Blundstone Arena
Function Centre
Bellerive

Keynote Speaker
Melanie Irons

Mini Sports Clinics -
NRL/Touch Football Tas
Cricket Tasmania
Football Federation
Tasmania

Q & A Panel -
Netball Scotland
Lynsey Gallagher,
Rachel Forbes
& Melanie Irons

NO BARRIERS

 www.wsr.org.au 

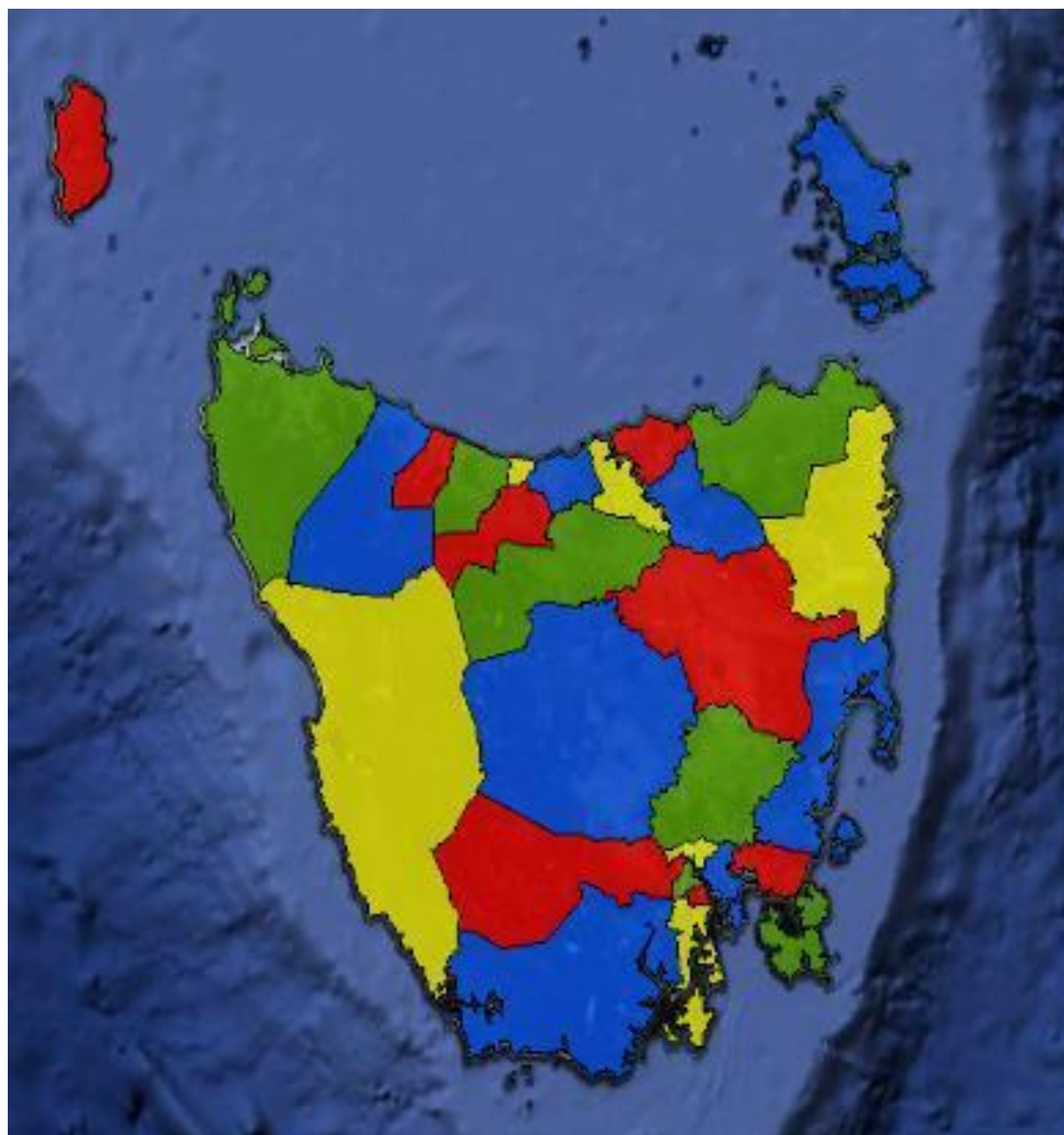
School Girls' Breakfast



Leadership Conference & Workshops



“You can’t be
what you can’t
see”



Local Government support





Get Active Program



Circuit class – Bridgewater



Aqua at Oatlands



Bothwell – Tai Chi



Boxing in Ouse



Cycling on Bruny Island



Outdoor fitness equipment - Strahan



Line Dancing - Queenstown



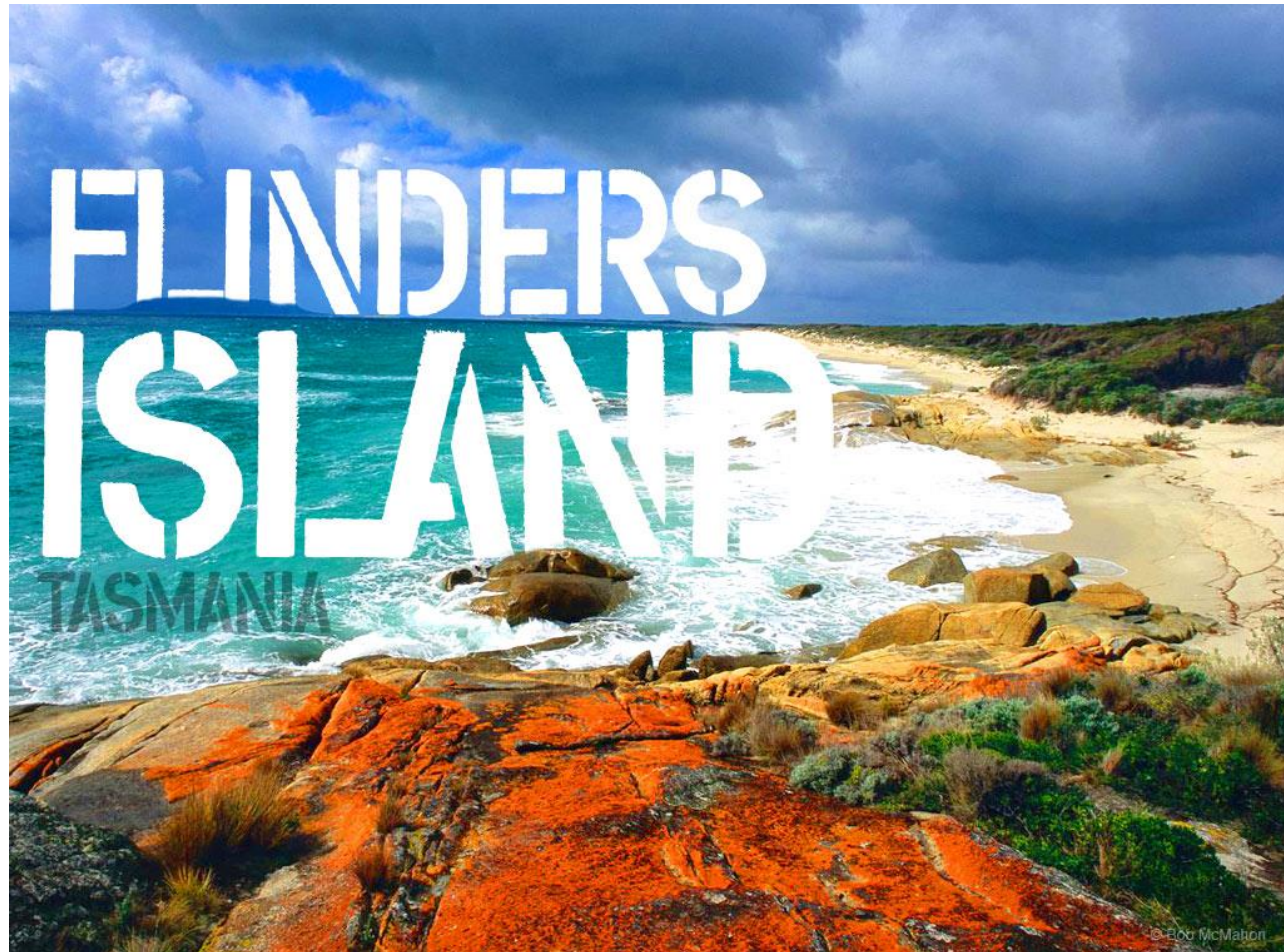
Park workout in New Norfolk



LG?

=

Life's Good!



© Bob McMahon

“Mum’s on the Move”











SAMMI
GOWTHORP
PHOTOGRAPHY

“So many positives including enhancing fitness and wellbeing, friendship and support. Especially in such a small community this program has exceeded my expectations 😊”



Get Active Programs are for;

- Families
- Children
- Dad's
- Older adults
- Disengaged Youth
- Those at risk of Chronic disease
- EVERYONE



Janene Glover
GAP Manager
gap@wsrt.org.au

www.wsrt.org.au